

## SPECIALIST IN CONSTRUCTION AWARD

In 2006 Allied were short-listed for the Access and Scaffolding category of the prestigious **Specialists in Construction Awards**. This is a national award, and Allied were competing against a record number of entries from construction companies throughout the UK.



The awards were held at the Hilton Hotel, Park Lane, London in May. Although we did not win the category this year we intend on re-entering in 2007 with the ambition of winning.

### CURRENT ALLIED PROJECTS

Here is a brief overview of some of the current projects Allied are involved with:



**AMEC**

Manchester University. Humanities Building, & Biomedical Sciences.

**URBAN SPLASH**

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Velvet Mills formerly Lister Mills. Bradford.



**KIER**

Rope Walks. Macclesfield.

**MEDLOCK**



MacDonald Hotel. Manchester.



**TAYLOR WOODROW**

Broughton Green. Salford.

## COINS 3 PEAKS CHALLENGE SUCCESS



Allied took part in the **Coins 3 Peaks Challenge** at the beginning of May 2006. Our team of five climbed Ben Nevis, Scafell Pike & Snowdon in the enviable time of 22 hrs & 05 mins.

Out of the 38 teams competing in the challenge, Allied were the 7th fastest team.



Only 15 of all the teams competing actually undertook the challenge in less than 24 hrs.

James Brierley, Paul Smith, Paul Brogan, Paul Bennett & Andy Gaynor took part in the challenge with Steve Thompson & Mark Crowther providing essential support & transport.



Thanks to everyone who sponsored Allied for this event. We raised over **£5000** for CARE.

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### WELCOME TO NEW STAFF!

We would like to welcome some new staff to the Allied team.

Contracts Supervisor West Yorkshire:  
**Kevin Simpson.**

Contracts Administrator:  
**Tracey Seward.**

Trainee Estimator:  
**Michael Bennett.**

Reception:  
**Emma Jones**

We wish them all the best of luck for their career at Allied.

### CONGRATULATIONS TO MARK CROWTHER

We are pleased to announce that Mark Crowther has now become Senior Contracts Supervisor.

### CONGRATULATIONS TO CAROL & FAMILY

Congratulations to Carol & family on the birth of baby Lauren in May. Lauren was born on the 30th May 2006, both mother & baby are doing well.

### HAPPY RETIREMENT TO TRICIA



From the 24th July 2006 Tricia has started to work part-time and will be working on Tuesday, Wednesday, & Thursday each week. Many Happy Returns to Tricia who celebrated her 60th Birthday on 21st July 2006.

## HEALTH & SAFETY NOTES

BY MARK FANNING

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### Safety Step-Up Device

As you are all aware the Work at Height Regulations 2005 have been introduced to ensure a **minimum** level of safety when working at height. To greater reduce the degree of risk whilst working at height Allied have had manufactured a number of safety step ups.

They are to be used on **scaffolds designed with 2m lift heights**. This system utilises a proprietary step and is fixed to the standard 1m above the working platform. This enables the Scaffolder to erect the guard-rail protection on the lift above in advance, or remove them from below during dismantling, which increases safety and it reduces the exposure to risk of a fall. It is also a more efficient method of work than the “tunnelling” method.



The Scaffolder is exposed to the risk of a fall from the set-up or through the gap between the ledger and guard-rails while accessing the step up platform.

The ledger in the completed lift above provides fall protection, whilst using the step.

**Personal fall arrest equipment is still required**, when accessing and using the step, i.e. hooking on.

This newsletter will be followed up with Toolbox Talks and also a users guide showing safe ways of working whilst using the safety step-up device.



If there are any questions or queries with regards to the safety step-up device please contact Mark Fanning (Training Manager) at the Oldham office.