

SG4:05 TRAINING

We have arranged for our Health and Safety Consultants, Safety & Access Limited, to provide training sessions in SG4:05. These sessions will take place on 9th December 2005 and on 16th December 2005. This training will be provided by Tom Helsby, whom many of you will already know.

The training will cover all aspects of SG4:05 and practical training on the use and inspection of fall arrest equipment.

Your Manager or Supervisor will advise you over the course of the next week which session you will need to attend. If you do not attend a session this year, don't worry—further training is being planned for 2006.

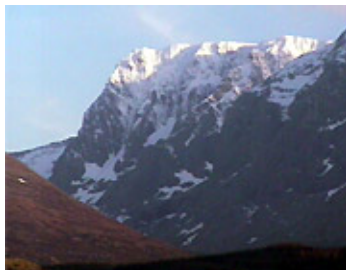


WELCOME

We would like to welcome Sheena Cresswell to our team. Sheena has joined Allied on a temporary placement and will be undertaking Lisa Clayton's duties during Lisa's six month maternity leave. We wish both Sheena and Lisa all the best.

We are pleased to announce that Stanford Messam has now taken over as our Yard Supervisor and is responsible for the running of the Yard and supervision of transport at our Oldham branch, and that John Dust has reprised this role at the Brighouse depot. We wish both Stanford and John every success in their respective roles.

CARE CHALLENGE SERIES 2006



(Ben Nevis—1,344 metres high)

Allied have entered a team for the COINS Three Peaks Challenge. Taking place on 6th and 7th May 2006, the Three Peaks Challenge is not for the faint-hearted and involves climbing Ben Nevis, Scafell Pike and Snowdon in under 24 hours.

The aim is to raise funds for Care International, a charity working with over 45 million disadvantaged people each year in 70 of the world's poorest countries.



(Scafell Pike—978 metres high)

Our team will definitely include Paul Brogan, may include James Brierley, and we hope to get some site lads involved too.

If you are interested in being involved in any way, please contact Laura Brandon for full details.



(Snowdon—1,085 metres high)

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ALLIED EMPLOYMENT OPPORTUNITIES

TRAINING MANAGER

Due to personal reasons, Dave Abraham has had to leave in order to spend more time with his family. In the short time that he was here, Dave achieved a lot with Laura in bringing in new trainees into the business and making the company's training more professionally managed.

Allied are determined to provide a first class apprenticeship programme and to continue to develop our existing operatives and staff. We would like to recruit a person who will bring a lot of scaffolding knowledge to the role and who would be proactive in recruitment, development and training.

TRAINEE ESTIMATOR

Due to growth in the business, we need to take on an estimator to work in the Oldham and Yorkshire branches. You would need to have a basic knowledge of scaffolding, and a good level of English and Maths. Other training relevant to the position will be given. This role is the first stage in developing the managers of the future, and the minimum age for applicants is 18 years.

HOW TO APPLY....

If you are interested in applying for either the position of Training Manager or Trainee Estimator, please apply in writing to Laura Brandon detailing any relevant experience or skills. Closing dates for applications will be 30th January 2006. After this time, if the positions are not filled by existing Allied employees, we will advertise externally for suitable candidates.

B&CE STAKEHOLDER PENSION SCHEME

We would like to take this opportunity to remind you that the Stakeholder Pension Scheme is open to all, and that Allied will match each individual's own contribution up to £10.00 per week. If you are not already a member of the scheme and are interested in joining, or would like more information, please contact Tricia Hodge.